OCT 2020

Wellness Website
www.tucsonaz.gov/wellness

Live Well, Be Well Employee Wellness E-News



Flu Shots

Flu shots are by appointment only. Schedule at: https://pimacountyflushots.as.me/cityoftucson

Worksite Events. Open to employees only.

Location	Address/Room	Date	Time
Rillito Police Dept	1310 W Miracle Mile — Rillito Rm	10/19/2020	8:30 am - 10:30 am
Thomas O. Price Service Center	4004 S. Park Ave — Bldg 2, Amphitheater	10/19/2020	8:00 am - 10:00 am
		10/21/2020	2:00 pm - 4:00 pm
Hayden Udall	4401 S Tucson Estates Pkwy—Lunch Rm	10/19/2020	1:00 pm - 3:00 pm
Parks & Rec Admin	900 S Randolph Way — Mesquite Rm	10/20/2020	9:00 am - 11:00 am
Housing & Community Development	320 N Commerce Park Loop — Sentinel Bldg., Rillito & Sabino Rm	10/20/2020	2:00 pm - 4:00 pm
TPD HQ	270 S Stone Ave — 1st Fl Assembly Rm	10/21/2020	1:00 pm - 4:00 pm
TDOT Public Works	201 N Stone Ave — 4th FI Training Rm	10/22/2020	9:00 am - 11:00 am
City Court	103 W Alameda — 3rd Fl, Court Rm 14	10/22/2020	12:30 pm - 2:30 pm
Water-Plant 1	510 W 18th St—Building 12	10/23/2020	12:30pm - 4:30 pm

Visit one of the El Rio Health Clinics below. Open to employees + spouses & children.

Location	Address/Room	Date	Time
El Rio Health – Cherrybell Health Center	1230 S Cherrybell Stravenue	9/26/2020	8:00 am - 11:00 am
	1st Floor – Cocopah Room	10/24/2020	8:00 am - 11:00 am
El Rio Health – Congress Health Center	839 W Congress St	10/3/2020	8:00 am - 11:00 am
	2nd Floor – Teaching Kitchen		
El Rio Health – Southeast Health Center	6950 E Golf Links Rd	10/14/2020	4:00 pm - 7:00 pm
	2nd Floor – La Ventana Room	10/31/2020	8:00 am - 11:00 am

Drive Thru Flu Shot Clinics—Open to the public

Every Saturday at El Rio —Congress Health Center (839 W Congress St). Call (520) 670-3909 to schedule an appt.

City of Tucson & Pima County VIRTUAL Health & Wellness Fair

October 27, 2020 9:00am-3:00pm

Beginning October 13, register at

www.accelevents.com/e/PimaCountyCityofTucsonVirtualHealthWelInessFair

You'll receive an email the day before the event with details on how to log in and join. Visit vendors' virtual booths to chat with the vendor & receive helpful information about their products and services. Be entered into a **raffle** to win prizes for attending!



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